

Smallanthus sonchifolius

camu camu

This small oval fruit, smooth surface, red color and acidic center. It contains a high rate of vitamin C, even above the intake of foods with high concentration of ascorbic acid, such as orange or lemon.



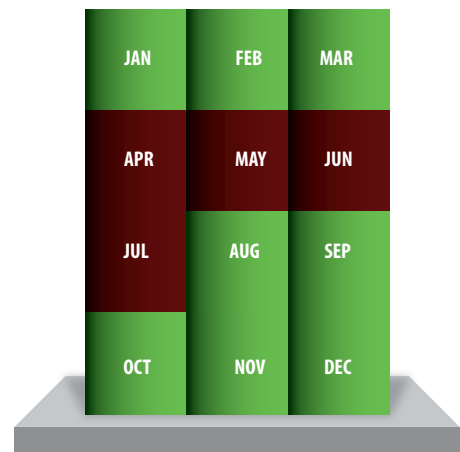
GEOGRAPHICAL DISTRIBUTION

MAP OF PERU



STATIONARY AVAILABILITY

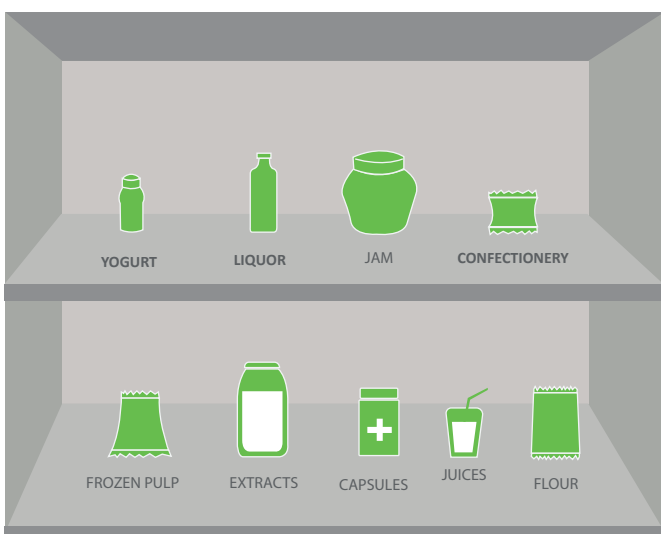
The Harvest Calendar, It allows to establish the months in which the largest volume of production is concentrated by region, but this doesn't restrict us to the product is in the market as some of these can be stored.



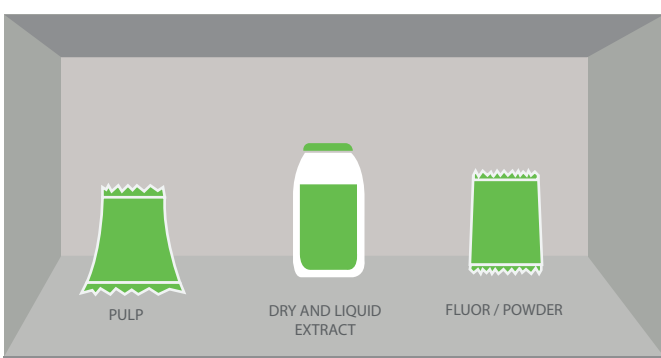
Productive capacity of GRADERI

- Availability of January, February, March, August, September, October, November, December.

MODES OF USE



SUBMISSIONS OF GRADERI S.A.C.



HEALTH BENEFITS

- High concentration of ascorbic acid
- It provides phytochemicals, amino acids (such as serine, valine and leucine) and other nutrients such as calcium, phosphorus, iron, thiamine, riboflavin and niacin.
- It has beneficial effects on the strengthening of the immune system, skin and eyes.
- Demonstrates mood-stabilizing capacity in patients with depression and anxiety.



ARELLANO-ACUNA, Ericka; ROJAS-ZVALETA, Irvin y PAUCAR-MENACHO, Luz María. Camu-camu (*Myrciaria dubia*): Fruta tropical de excelentes propiedades funcionales que ayudan a mejorar la calidad de vida. Scientia Agropecuaria [online]. 2016, vol.7, n.4.